

YEAR 10 DANCE HOMEWORK

(Due on Wednesday 28th September)

This week:

To complete pages 3,4,5 in technique booklet on safety of the dancer and safety of the dance studio.

Homework topics:

H26.9.16 - Understanding physical and psychological limitations in dance.

3.10.16 - A Balanced Diet

10.10.16 - Treatment for Injury

17.10.16 - Technical Skills

Any questions please ask Miss Floyd.